

Summary

Introducing AI, Book Launch, and Research Analysis

Matthew introduced an AI tool that can answer questions and catch up users on previous discussions. There was a humorous exchange about the AI's potential to invade privacy and share their conversations publicly. Then, Matthew encouraged participants to sign up for a working circle on biofeedback for gate retraining and diabetic peripheral neuropathy. Randy announced that their book is now available in paperback on Amazon and Matthew confirmed the price. Finally, Randy indicated that the session would include an introductory segment and an exercise in analyzing research paper abstracts using the Abt framework, a process they have been using for eight years.

New Hero and Storytelling Strategies

Randy introduced a new narrative hero, Violin, MD, a young Canadian woman who has recently published five articles on Med. Page. Randy was impressed with her work and they had a recent conversation. Violin creates video case studies that Randy described as great storytelling with a mystery structure. Randy also praised an unnamed woman for her excellent communication skills and large following, attributing her success to her ability to structure her content well. They also discussed a new book with a Navy doctor and emphasized the importance of reading, especially the seventh chapter which they co-authored. Randy suggested that the Abt structure, a narrative technique, could be applied to various fields, citing the woman's medical school experience as an example. Finally, Randy shared her admiration for Kurt Vonnegut and played a clip from a university talk given by Vonnegut in his later years.

Storytelling and Computers: A Journey of Personal Growth

Randy discussed the concept of storytelling and its relation to computers. He introduced the idea of using story curves to understand and feed into computer algorithms, using examples from popular culture. He also explained the importance of understanding the origins of these stories and the emotional journey they take, noting that despite their origins, they often provide a source of enjoyment when retold. He ended by incorporating the theme of personal growth, highlighting the potential for individuals to overcome adversity and rise to new levels.

Predictors of Adolescent Suicidal Behavior: A Novel Approach

Randy and Allison discussed the need for reliable predictors of suicidal behavior among adolescents. Randy suggested that identifying novel trans diagnostic risk processes could lead to more effective intervention measures. Allison revised the opening of the statement to emphasize this point. Randy stressed the importance of simple language and clear messaging when discussing such sensitive topics. He also hinted at the use of story dynamics and specifics to add more punch to their proposal. The aim was to set high expectations for the potential impact of their work.

Narrative Analysis Framework Introduced

Matthew guided the class on how to analyze abstracts using narrative as a lens. He emphasized that the training wheels of using specific words like 'but' and 'therefore' to represent narrative forces can be removed to better understand the actual forces behind a sentence. This method is useful for checking the effectiveness of writings or presentations and for making sense of them. He further explained that agreement usually provides context, contradiction represents the main problem, and consequence is the action taken based on the problem. He encouraged the class to use this framework to analyze abstracts they encounter.

Analyzing Abstracts: A Color-Coding Exercise

Matthew led a discussion and exercise focused on analyzing scientific abstracts. He introduced a color-coding system to identify sections of the abstracts that represent agreement, contradiction, or consequence. Participants were tasked with reading each abstract, color-coding it accordingly, and then discussing their thoughts on the structure and potential improvements. Matthew emphasized the importance of considering room for improvement and using the extra time to think about this. After the exercise, the group discussed their thoughts on the abstracts, with liberty providing an evaluation of abstract one. Matthew also offered a tip on identifying contradictions by adding the words 'but' or 'therefore' at the beginning of a sentence.

Abstract Clarity and Narrative Structures

Matthew and his team discussed several abstracts, focusing on their clarity and structure. There was consensus that some abstracts were unclear or mixed different elements together, making them difficult to follow. They moved to evaluating new abstracts, with Zeke, Liberty, Nicole, Ryan, and others offering perspectives. Despite some disagreements, the team remained consistent in their approach. They also discussed the structure of various narratives, using the Abt framework, which involves identifying a problem, setting up the situation, and presenting the narrative. They had varying opinions on the effectiveness of the structures, assigning scores to different narratives by the end of the discussion.

Next Steps

Matthew to find a volunteer for the underpopulated working circle.

Randy to send an email with clips of the new narrative here.

Allison will revise the provided text using the Abt structure.